

Your Personal Statement Plan

Your Name

Today's Date

6 / 12 months from Today

Who am I?

What do I stand for?

What is my vision for myself, my family, and the world?

List your 5 principles

1.
2.
3.
4.
5.

Write out the top three goals you want to either achieve or maintain for the next 6 or 12 months under each of the following categories: family, relationships, business, money, health, recreation, spirituality/inner growth

Below each goal, write a detailed action plan for how you will achieve that specific goal: Make it so annoyingly step-by-step and spelled out that anyone could read your plan, follow it exactly, and achieve it themselves.

Family

Goal #1:

Step 1:

Step 2:

Step 3:

Relationships

Goal #1:

Step 1:

Step 2:

Step 3

Business

Goal #1:

Step 1:

Step 2:

Step 3:

Money

Goal #2:

Step 1:

Step 2:

Step 3:

Step 4:

Health

Goal #1:

Step 1:

Step 2:

Step 3:

Recreation

Goal #1:

Step 1:

Step 2:

Step 3:

Spirituality/Inner Growth

Goal #1:

Step 1:

Step 2:

Step 3: